



VIDYARTHI

JANUARY 2020

NEWSLETTER OF VIDYA NIKETAN SENIOR SECONDARY SCHOOL



The students of class XII will soon depart from the school and enter into another phase of their lives. They leave with our blessings. We hope that the value system they have inculcated in Vidya Niketan will always remain with them. We wish them joy, success and freedom.

Social Inclusion – (Written by students of classes XI and XII)

Social inclusion means leaving no one behind. We should all walk together, and resolve to free the human race from the tyranny of poverty. Social inclusion was kept in mind while drafting the Indian constitution. This has particular significance for those young people who come from disadvantaged backgrounds. People must have a voice in decision making. Every religion must be treated with respect. Mahatma Gandhi supported social inclusion. Growth that is not inclusive affects society, the economy, the polity. It can result in real or perceived inequalities. In every country, certain groups confront barriers that prevent them from fully participating in their nations' political, economic, and social life. There is a moral imperative to address social exclusion. Left unaddressed the exclusion of disadvantaged groups can be costly. As we embark on this collective journey, we should pledge that no one is left behind.

सामाजिक समावेश अर्थात सामाजिक समानता का मतलब होता है कि समाज के सभी वर्गों को साथ लेकर आगे बढ़ना। भारत के संविधान की रचना इस बात को ध्यान में रखकर की गई है कि हमें कमज़ोर वर्गों पर विशेष ध्यान देना चाहिए, इसके साथ-साथ उनको बराबरी का अवसर भी मिलना चाहिए, खास कर उन युवाओं को जो वंचित वर्ग से आते हैं। किसी भी देश के बुनियादी ढाँचे को मज़बूत बनाने के लिए यह बहुत ही जरूरी है कि किसी भी तरह के भेदभाव को हमें जड़ से समाप्त करना होगा क्योंकि हमारा संविधान धर्म, जाति, वर्ण, रंग, रूप, एवं भाषा के आधार पर किसी भी तरह के भेदभाव की अनुमति नहीं देता है। इसके लिए हमें प्रयास करना होगा, तथा अपने रूख में परिवर्तन लाना होगा, जिससे लगातार बदलाव आएगा और सभी के लिए बराबरी लाई जा सकेगी।

Activities for the months October 2019 to January 2020

VI - XII

1. A special assembly organised on the occasion of 150th birth anniversary of Mahatma Gandhi.
2. Green Rally
Green Rally was conducted by the Nature Club and Eco Club students.
3. School Trip
Students of class VII went for an educational trip to Agra.
4. Open House
Science, Mathematics and Art and Craft exhibition was organised as a part of Open House.
5. Stage Performance
Students of Dramatics Club, vocal music, instrumental music and aerobics performed on current issues.
6. Taekwondo championship
Children won gold, silver and bronze medals and shield for “Best Performer School”.
7. A workshop was held on word power by “The Times of India”.
8. Classes VI, VII, VIII went for a picnic to Lohagarh Farms, Gurugram.
9. Trip to “Sanskriti Museum” – class VI.
10. Classes IX – XII went for a days picnic to Adventure Island, Rohini.
11. Open Discussion on CAA and NRC by the students of classes VII – XII.
12. Factory visit to “Parle Industries” by the students of class XII.

Kindergarten and Primary

1. Diwali
Diya making under the guidance of a potter.
2. Children's Day
Class discussion and card making about what they want to be when they grow up.
3. Open House
Science, Mathematics, Art and Craft exhibition was organised as part of Open house.
4. Class picnic
Kindergarten went to Kidzania. Primary school children went to Lohagarh Farms, Gurugram
5. Christmas
Children made reindeer, Santas and Xmas trees.
6. Makar Sakranti
Making of kites.
7. Republic Day
Children made tri colour flower shaped badges.

The creative process leads to new and wonderful ideas.



Learning shapes the fun way

Conserve water for the future



Learning to value time

Layout plan of an ideal city (Class-IX)



Solar energy use to light up monuments of the world

Using waste in a creative way

मेरा स्कूल का सफ़र

दिव्या शर्मा – Head Girl (2019-2020)



बचपन की यादें खुशियों का ऐसा खज़ाना होती है, जो बार-बार याद आने पर भी कभी कम नहीं होती। बचपन ज़िंदगी का सबसे हसीन पड़ाव होता है। यह एक ऐसी कहानी होती है, जिसे इन्सान चाहकर भी भुला नहीं सकता, यह कब गुज़र जाता है पता ही नहीं चलता, जिस तरह मेरी ज़िंदगी के अमूल्य तेरह वर्ष कब गुज़र गए पता ही नहीं चला। आज भी अगर अपने बचपन के दिनों को याद करती हूँ तो लगता है कि बस कल ही की तो बात है जो बीता है। मुझे आज भी याद है, जब मैं छोटी थी शायद सिर्फ दूसरी या तीसरी कक्षा में, हम अध्यापक दिवस मनाया करते थे, तब सिर्फ एक छाल या एक छाला ही स्कूल संस्थापिका जी के पास जाकर उन्हें प्रत्येक वर्ष फूल देते थे। तब मैं सोचती थी कि काश! कभी मुझे भी उनसे बात करने का मौका मिले। वह मेरा सपना विदाई समारोह वाले दिन पूरा हुआ जब उन्होंने हमसे व्यक्तिगत तौर पर बात की। स्कूल में प्रत्येक शिक्षक व्शिक्षिका ने हमें कुछ अलग सिखने के लिए, अलग-अलग भूमिकाएं निभाईं। जितना महत्व हमारे जीवन में शिक्षक का होता है उतना ही महत्व दोस्तों का भी होता है। कहते हैं दोस्ती की याद एक ऐसी याद होती है जो किसी की जगह नहीं ले सकती। यहाँ तो दोस्त भी खूब बने और उतार-चढ़ाव भी खूब देखने को मिले। मुझे यहाँ खेल-खेल में ही बहुत कुछ सिखने को मिला जैसे बड़ों का आदर, सबको साथ लेकर चलना और अपनी शिक्षा का सही जगह प्रयोग करना। मेरे स्कूली जीवन का आखिरी वर्ष २०१९-२०२० मेरे लिए बहुत ही महत्वपूर्ण रहा। इस वर्ष मुझे सर्व सम्मति से हेड गर्ल चुना गया। तब मुझे जिम्मेदारियों व नेतृत्व कला को सीखने का अवसर मिला। सच ही कहा गया है की जिम्मेदारी निभाने की कला की शिक्षा, विद्यार्थी जीवन से ही शुरू हो जाती है। अपनी लेखनी को विराम देते हुए मैं सभी सहपाठियों से बस इतना कहना चाहती हूँ कि ज़िंदगी में कठिन परिश्रम सफलता की पहली सीढ़ी होती है।

Peace Out!

Sreeraj R. Pillai – Head Boy (2019-2020)



When I came here, I was nervous as it was a completely new environment, and, to be honest, I'm really not great at that. I still vividly remember that day. I remember how sunny it was, where I sat, and how scared I was about going to a new school just like a normal nine-year-old kid. I sat on the second-last row, trying very hard to stay under the radar.

But, I realized that I had been worrying for nothing at all. All of my teachers and my fellow classmates helped me to adjust to this new milieu, and I can't thank them enough for that. They taught me that it was okay to make mistakes, to fall down, but the most important thing was that how you got back up.

Now, it has just dawned upon me that it was around a decade ago and that this part of my life has almost come to an end. Everything that begins must end. This perpetual cycle is a fact of life, but I don't want to fill my heart with sorrow. Instead of that, I want to fill my heart with exuberance. I want to remember every mistake that I made, every mischievous act of which I was a part and, last but not least, every single piece of advice.

I would like to thank everyone who was with me through this journey and would just like to say, "Peace Out!"



The Taj Mahal at Sunrise



Enjoying rural experiences at Lohagarh Farms

VISIT TO KIDZANIA

The students of the KG Department visited KIDZANIA in December, an Indoor Entertainment and Learning Centre. What they experienced there was unique and related to real world activities. These experiences help to build their social skills and instill confidence. Above all, the KIDS HAD A BLAST.



I learnt to wait for my turn while filling fuel in my car



We had a great day



We learnt how mannequins are dressed and how clothes are sold in Malls



Painting on the walls was fun



Preparing to be filmed for a group dance



Making pizza is child's play

Mirror to Today's World

If I think of today's world
I may find it very well
But if I look at it for long
It's condition is hard to tell
Somewhere people are getting killed
And somewhere people are doing wrong deeds for their needs
The wicked are not getting punished
Wrong deeds are getting honoured
Countries are attacking each other
People are protesting for each other
Refugees are being tortured
Brothers are making traps for brothers
Oh Lord! When will this come to an end
Is all the good in the world, a pretence
When on earth will we see sense
Let's take a pledge
To make this world a better place.

Rituparna Pahi
Class – VII-B

Non Violence (Students of Classes XI and XII)

Mahatma Gandhi came on this earth with his message of truth and non-violence (ahimsa) at a time when the forces of aggression and violence reigned supreme. Non violence means using peaceful methods to bring political/social changes. Some people claim that non-violence is a method adopted by weak people. This is not true – non violent behaviour needs a lot of courage, both mental and physical. Violence can cause irreparable harm. Non violence is based on the assumption that justice will eventually prevail and that choices should be made from a position of love rather than hate. Non violence means we should not react physically to a problem. We need to be patient and calm which helps us to understand the circumstances better. Non violence involves peaceful behaviour in the midst of conflict – an example of consideration to those around us and thereby breaking the destructive cycle of retaliation when we believe we have been wronged. Non violence means avoiding not only external physical violence but also the internal violence of the human spirit. You not only refuse to shoot a man, but you refuse to hate a man. Sometimes it is not easy to control our feelings. Anger is the enemy of non violence and pride is the monster who swallows non violence. People who practice non-violence when expressing their beliefs use methods like education, persuasion, civil disobedience and conscientious objection to military services. Non-violence is the greatest force at the disposal of mankind. It is the mightiest weapon devised by the ingenuity of man. Men kill men in the name of religion. The killing is justified as Dharma by the custodians of religions and they proclaim that it was a righteous purpose. In modern times, non violent methods have been powerful tools for social protest, and revolutionary changes. Non violence is a powerful and just weapon indeed.

Read....

Read to me riddles & read to me rhymes
Read to me stories of magical times
Read to me tales about castles & Kings
Read to me stories of fabulous things.

With a book in
hand, you can
never be lonely

Reading
improves
memory

Reading expands
your vocabulary.
Give you the
power of words

The road
to success
becomes
faster
with
reading.

Stimulates the mind



Books
add joy
to life

Improves
your writing
skills

Give knowledge
&
Self Confidence

Help in
language
development

Books can be
great companions

Richer than I you can never be,
I had a Mother who read to me

